

Sundays @ The Plough

SUNDAY ROASTS £12.50

Lamb rump, roast potatoes, honey roasted parsnips, fresh mixed vegetables, home made Yorkshire pudding and home made jus.

Sirloin of beef, roast potatoes, honey roasted parsnips, fresh mixed vegetables, home made Yorkshire pudding and home made jus.

Pork loin with crackling, roast potatoes, honey roasted parsnips, fresh mixed vegetables, home made Yorkshire pudding and home made jus.

STARTERS

Smoked salmon, goats cheese and mizuna tart served with crème fraiche & a herb salad. £6.00

Home made soup of the day. £5.50

Ham hock and parsley pressed terrine served homemade piccalilli, tarragon, shallot & leaf salad. £6.00

Peppered seared tuna with a crisp Asian salad and sesame dressing. £7.50

Tempura prawns with a mixed leaf salad and sweet chilli dressing. £8.00

Moules Marinere served with crusty bread. £7.50

SALADS (as starter or main)

Char grilled chicken Caesar salad with cos lettuce, homemade Caesar dressing and croutons. £5.00/£8.00

Mango and feta salad with rocket and mixed leaf, red onion and a light mango dressing. £4.95/£7.50

Roasted salmon salad with prawns, avocado and Marie rose dressing. £5.00/£8.00

Crispy duck salad with watercress, frisse and spring onion with a sesame dressing. £5.00/£8.00

MAINS

Cod deep fried in a beer batter, chips, wally. £10.00

Home made dish of the day. £11.00

Scampi & chips, garden peas. £10.00

Balsamic roasted vegetables, goats cheese and spinach puff pastry tart with a rocket and red onion salad. £9.50

Macaroni cheese. £8.50

Seared Tuna steak on crushed new potatoes with green beans & a Nicoise style dressing. £16.50

Chicken Teriyake on a bed of crispy stir fried vegetables and pak choi. £13.00

Wild mushroom and smoked chicken risotto finished with parmesan and mascarpone. £12.00

Salmon fishcakes, tartare sauce. £9.00

The plough burger, with bacon & melted mozzarella, chips. £10.50

Olive crusted salmon fillet, potato gratin, sautéed broccoli & tomato, shallot and chervil dressing. £12.50

SIDES

Bread £1.50

Sauteed mushrooms £3.50

Mixed vegetables £3.50.

Chips £3.50

Mash £3.50

Tomato & red onion salad £3.50/£5.50

Rocket & balsamic salad £3.50/£5.50

Roasted Mediterranean Vegetables £3.50

10% discretionary service charge will be applied to table of 6 or more.